

Week 1

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|---------------|------------|---|
| Monday | Main | Jacket potato with various fillings and sweetcorn |
| | Sandwiches | Chicken mayo baguette with fruit bag and juice. |
| | Vegetarian | Veggie noodles, bread basket and sweetcorn |
| | Dessert | Sticky toffee pudding and custard. |

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| Tuesday | Main | Lasagne, bread basket and broccoli. |
| | Sandwiches | Tuna mayo bap with fruit bag and juice. |
| | Vegetarian | Quorn lasagne, bread basket and broccoli |
| | Dessert | Peaches and ice cream. |

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| Wednesday | Main | Roast pork with crispy roast potatoes, gravy, carrots and cabbage. |
| | Sandwiches | Cheese baguette with fruit bag and juice. |
| | Vegetarian | Cauliflower and broccoli bake with crispy roast potatoes, gravy, carrots and cabbage. |
| | Dessert | Custard biscuit . |

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| Thursday | Main | Chicken breast in a bun with corn on cob and salad. |
| | Sandwiches | Pork bap with fruit bag and juice. |
| | Vegetarian | Veggie burger in a bun with corn on cob and salad. |
| | Dessert | Jam sponge and custard. |

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| Friday | Main | Salmon fingers with chips, tomato sauce and baked beans or peas. |
| | Sandwiches | Egg mayo baguette with fruit bag and juice. |
| | Vegetarian | Vegetarian quorn sausage with chips, tomato sauce and baked beans or peas. |
| | Dessert | Assorted ice cream tubs. |

Week 2

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|---------------|------------|--|
| Monday | Main | Chicken korma with wholegrain rice, naan bread and diced carrots. |
| | Sandwiches | Cheese baguette with fruit bag and juice. |
| | Vegetarian | Sweet potato and lentil korma with rice, naan bread and diced carrots. |
| | Dessert | Fruity delight. |

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| Tuesday | Main | Jumbo sausage roll with sweetcorn and salad. |
| | Sandwiches | Chicken mayo bap, fruit bag and juice. |
| | Vegetarian | Jumbo quorn sausage roll with sweetcorn and salad. |
| | Dessert | Jelly and fruit. |

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| Wednesday | Main | Roast silverside of beef with Yorkshire pudding, crispy roast potatoes, gravy, carrots and parsnips. |
| | Sandwiches | Egg mayo sandwich with fruit bag and juice. |
| | Vegetarian | Cauliflower cheese with crispy roast potatoes, gravy, carrots and parsnips. |
| | Dessert | Fruit cookie. |

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|-----------------|------------|---|
| Thursday | Main | Pepperoni pizza with sweetcorn and salad. |
| | Sandwiches | Beef bap with fruit bag and juice. |
| | Vegetarian | Vegetable pizza with sweetcorn and salad. |
| | Dessert | Chocolate sponge and chocolate custard. |

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| Friday | Main | Fish fingers with chips, tomato sauce and baked beans or peas. |
| | Sandwiches | Cheese bap with fruit bag and juice |
| | Vegetarian | Mediterranean cous cous with tomato sauce and baked beans or peas. |
| | Dessert | Assorted Ice cream tubs. |

Week 3

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|---------------|------------|--|
| Monday | Main | Spaghetti Bolognese, bread basket and green beans. |
| | Sandwiches | Cheese baguette with fruit bag and juice. |
| | Vegetarian | Quorn Bolognese, bread basket and green beans. |
| | Dessert | Flapjack. |

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|----------------|------------|---|
| Tuesday | Main | Westcountry sausages with mash potato, gravy and farmhouse veg. |
| | Sandwiches | Tuna mayo bap with fruit bag and juice. |
| | Vegetarian | Vegetarian quorn sausage with mash potato, gravy and farmhouse veg. |
| | Dessert | Rice pudding or fresh fruit salad. |

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| Wednesday | Main | Roast chicken breast with stuffing, crispy roast potatoes, gravy, carrots and brussel sprouts. |
| | Sandwiches | Egg mayo sandwich with fruit bag and juice. |
| | Vegetarian | Vegetarian plait with crispy roast potatoes, gravy, carrots and brussel sprouts. |
| | Dessert | Shortbread cookie. |

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| Thursday | Main | Cheesy tomato pasta bake, bread basket and sweetcorn. |
| | Sandwiches | Chicken mayo wrap with fruit bag and juice. |
| | Vegetarian | Cheese omelette, bread basket and sweetcorn. |
| | Dessert | Farmhouse fruit cake and custard. |

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| Friday | Main | Harry Ramsden fish with chips, tomato sauce and baked beans or peas. |
| | Sandwiches | Noodle wrap with fruit bag and juice. |
| | Vegetarian | Cheese omelette with chips, tomato sauce and baked beans or peas. |
| | Dessert | Assorted ice cream tubs. |

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| Month | Week 1 | School Holiday |
| | Week 2 | Bank Holiday |
| | Week 3 | |

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| Feb | M | 20 | 27 |
| | Tu | 21 | 28 |
| | W | 22 | |
| | Th | 23 | |
| | F | 24 | |

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| March | M | | 6 | 13 | 20 | 27 |
| | Tu | | 7 | 14 | 21 | 28 |
| | W | 1 | 8 | 15 | 22 | 29 |
| | Th | 2 | 9 | 16 | 23 | 30 |
| | F | 3 | 10 | 17 | 24 | 31 |

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|--------------|----|---|----|----|----|
| April | M | 3 | 10 | 17 | 24 |
| | Tu | 4 | 11 | 18 | 25 |
| | W | 5 | 12 | 19 | 26 |
| | Th | 6 | 13 | 20 | 27 |
| | F | 7 | 14 | 21 | 28 |

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|------------|----|---|----|----|----|----|
| May | M | 1 | 8 | 15 | 22 | 29 |
| | Tu | 2 | 9 | 16 | 23 | 30 |
| | W | 3 | 10 | 17 | 24 | 31 |
| | Th | 4 | 11 | 18 | 25 | |
| | F | 5 | 12 | 19 | 26 | |

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|-------------|----|---|---|----|----|----|
| June | M | | 5 | 12 | 19 | 26 |
| | Tu | | 6 | 13 | 20 | 27 |
| | W | | 7 | 14 | 21 | 28 |
| | Th | 1 | 8 | 15 | 22 | 29 |
| | F | 2 | 9 | 16 | 23 | 30 |

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| July | M | 3 | 10 | 17 | 24 |
| | Tu | 4 | 11 | 18 | 25 |
| | W | 5 | 12 | 19 | 26 |
| | Th | 6 | 13 | 20 | |
| | F | 7 | 14 | 21 | |

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| Choices | Jacket potatoes are available to order daily with a filling of tuna, beans or cheese. |
| | Salad, wholemeal bread basket , fresh fruit, low fat yoghurts, semi skimmed milk and water are also available daily. |

Our school kitchen was the first in Teignbridge to receive a Silver Award for the nutritional standards of our meals. Our aim is to provide good quality healthy meals at an affordable price. All meals are made from quality ingredients.

Our meat, milk, free range eggs, fresh fruit and vegetables are locally sourced and delivered for use daily. We use wholewheat pasta and rice.

We offer a three choice menu with a main dish, vegetarian dish, packed lunch option and a choice of desserts. In addition, jacket potatoes, fruit and yoghurt are available daily.

To save disappointment children pre-order their lunch choice during registration.

If you have any further queries please do not hesitate to contact Marie Henley our Catering Manager on 01626 352854



School Menu

20th February 2017
to
26th July 2017

